The 7 Minute Back Pain Solution 7 Simple Exercises To Heal Your Back Without Drugs Or Surgery In Just Minutes A Day

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widely regarded as the definitive reference in the field youmans and winn neurological surgery offers unparalleled multimedia coverage of the entirety of this complex specialty fully updated to reflect recent advances in the basic and clinical neurosciences the 8th edition covers everything you need to know about functional and restorative neurosurgery deep brain stimulation stem cell biology radiological and nuclear imaging and neuro oncology as well as minimally invasive surgeries in spine and peripheral nerve surgery and endoscopic and other approaches for cranial procedures and cerebrovascular diseases in four comprehensive volumes dr h richard winn and his expert team of editors and authors provide updated content a significantly expanded video library and hundreds of new video lectures that help you master new procedures new technologies and essential anatomic knowledge in neurosurgery discusses current topics such as diffusion tensor imaging brain and spine robotic surgery augmented reality as an aid in neurosurgery ai and big data in neurosurgery and neuroimaging in stereotactic functional neurosurgery 55 new chapters provide cutting edge information on surgical anatomy of the spine precision medicine in neurosurgery the geriatric patient neuroanesthesia during pregnancy laser interstitial thermal therapy for epilepsy fetal surgery for myelomeningocele rehabilitation of acute spinal cord injury surgical considerations for patients with polytrauma endovascular approaches to intracranial aneurysms and much more hundreds of all new video lectures clarify key concepts in techniques cases and surgical management and evaluation notable lecture videos include multiple videos on thalamotomy for focal hand dystonia and a video to accompany a new chapter on the basic science of brain metastases an extensive video library contains stunning anatomy videos and videos demonstrating intraoperative procedures with more than 800 videos in all each clinical section contains chapters on technology specific to a clinical area each section contains a chapter providing an overview from experienced section editors including a report on ongoing controversies within that subspecialty enhanced ebook version included with purchase your enhanced ebook allows you to access all of the text figures and references from the book on a variety of devices

this new edition is a fully updated comprehensive review of stereotactic radiosurgery srs and stereotactic body radiation therapy sbrt its physics clinical evidence indications and future directions the utilization of stereotactic radiosurgery srs and stereotactic body radiation therapy sbrt is increasing internationally because of several factors first it offers patients a local treatment option that has demonstrated effectiveness similar to traditional surgery without the morbidity of general

anesthesia and open surgical resection second recent advancements in the quality of scientific evidence supporting a srs or sbrt containing approach in patients continues to evolve and demonstrate favorable disease specific outcomes with little if any toxicity in various anatomic disease sites and for various conditions including cancer benign tumors and other psychiatric and neurologic conditions third and most provocatively is the notion that definitive local therapy i e srs or sbrt in patients with cancer can boost the immune system to fight cancer in other sites throughout the body while traditional medical knowledge would suggest that all patients with metastatic cancer are incurable there is a mounting body of evidence that there is a subset of these patients that can be cured with definitive srs or sbrt this volume thus delves into each of these benefits and aspects of treatment guiding physicians to the best treatment plan for their patients expert international authors provide guidelines for srs and sbrt use by clinicians chapters are divided into six main sections radiobiology of radiosurgery and stereotactic body radiation therapy intracranial radiosurgery technique intracranial radiosurgery by indication stereotactic body radiation therapy technique stereotactic body radiation therapy by indication the future of radiosurgery and sbrt overall physics are explained as well as specific considerations for particular surgical tools including the leksell gamma knife and accuray cyberknife techniques including fractionated and charged particle radiosurgery and anatomic sites including brain metastases pituitary tumors and the prostate since the first edition published the field has grown significantly there is now significant new data to support preoperative radiosurgery increased indications in metastatic cancers as well as integration with new drug therapies and imaging techniques each chapter is thus fully updated with the latest in medical advancements and new scientific research detailed images and charts enhance the chapters this book provides physicians with a single practical resource incorporating both of these broad categories of treatment srs and sbrt and better defines the current role and the direction of radiosurgery

this important book fills a gap in the literature by focusing specifically on the role of interventional radiology in patients receiving palliative medicine and supportive care a group in which the need for minimally invasive therapy is especially high detailed information and guidance is provided on use of the tools of interventional radiology for the purpose of problem solving in relation to a wide variety of diseases and complications readers will find clear explanation of the ways in which interventional radiology techniques can assist with regard to intravenous access feeding musculoskeletal and

neurological pain relief tumor debulking management of bleeding and obstructions drainages and treatment of fistulas throughout helpful tips and tricks of value in daily practice are highlighted the book is an ideal reference on the interventional management of palliative supportive care and the effective use of interventional radiology techniques in a multidisciplinary environment beyond specialists and trainees in interventional radiology it will have broad appeal to all who deal with patients on palliative and supportive care on a day to day basis

here s a quick focused review of all of the core knowledge in pain medicine based upon dr raj s practical management of pain 3rd edition it presents concise outline summaries of the most important concepts in the field including anatomy and physiology symptoms acute and chronic pain syndromes evaluation and investigation of pain patients treatment modalities special situations and more board style review questions with answers test readers mastery of the material in each chapter and a new comprehensive exam at the end of the book enables readers to assess their overall grasp of the subject matter features contributions from many new authors presenting fresh perspectives on every area of pain management covers hot topics such as acute pain trauma pain cancer pain interventional techniques diagnostic tools for pain management certification and recertification exams offers new suggested reading lists for more in depth study features contributions from many new authors presenting fresh perspectives on every area of pain management covers hot topics such as acute pain trauma pain cancer pain interventional techniques diagnostic tools for pain management palliative care and economics of pain medicine encompasses all of the content covered in the pain management palliative care and economics of pain medicine encompasses all of the content covered in the pain management certification and recertification exams offers new suggested reading lists for more in depth study

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