Common Core Performance Coach

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in core performance golf golfers will discover a training program that is ideally suited to developing the golf swing with exercises designed to help you create more torque and balance thus adding yards to drives and precision shots you ll also get a conditioning regimen and nutrition program that will help you build strength flexibility power and stamina while reducing the risk of injuries and speeding recovery time best of all core performance golf will keep you focused and ready to perform at your best for all 18 holes

in theory managers serve as guides directors decision makers and energizers for their employees unfortunately few managers have themselves been trained in the skills and techniques to get the best results from their employees and managerial styles can run the gamut from permissive but ineffectual to aloof to autocratic in the manager as coach the authors focus on the key purposes of coaching improving individual performance solving problems and securing results in order to address the challenges of effective management head on dispelling popular myths and misconceptions about coaching as a passing fad or a collection of superficial motivation techniques they offer practical tools for mastering the skills of effective coaching to the benefit of employees and the organization identifying four primary roles that managers as coaches play on a regular basis trainer career advisor strategist and performance appraiser featuring diagnostic exercises worksheets and a listing of resources the manager as coach will help readers develop the qualities and skills to align individual and organizational goals and forge dynamic productive relationships whether large or small manufacturing or service every organization selects managers and assigns them the task of securing results through people in theory managers serve as guides directors decision makers and energizers for their employees unfortunately few managers have themselves been trained in the skills and techniques to get the best results from their employees and managerial styles can run the gamut from

permissive but ineffectual to aloof to autocratic this volume in the manager as series addresses the challenges of effective management head on by exploring the role of manager as coach focusing on the key purposes of coaching improving individual performance solving problems and securing results the authors dispel popular myths and misconceptions of management coaching as a passing fad a process of endless tutoring or superficial motivation techniques and offer practical tools for mastering the skills of effective coaching to the benefit of both employees and the organization they identify four primary roles managers as coaches play on a regular basis trainer career advisor strategist and performance appraiser featuring diagnostic exercises worksheets and a listing of resources the manager as coach will help readers develop the qualities and skills to align individual and organizational goals and forge dynamic productive relationships

learn the secret to success in your business coaching program coaching in organizations has grown substantially over the past ten years with businesses spending millions of dollars on coaching programs in the united states alone without a universal understanding of what coaching is however executive coaches and consultants may become frustrated with what appears to be little or no tangible results from their corporation s investment how can your company experience an observable return on investment through its coaching program from the ken blanchard companies a leading global corporate training firm comes a powerfulguide designed to help executive coaches and managersimplement programs that work for their organizations with coaching in organizations your business can learn how to establish a top quality coaching climate support learning achieve strategic objectives and build up leadership development look at internal and external coaching and the roles and competencies of each put the right elements to work to get the most from your coaching program develop a coaching program that creates sustainability and ensures a real return on your organization s invested training dollars written by two master certified business coaches and leaders in the business coaching field coaching in organizations equips human resource and organizational develop ment professionals as well as javascript sendform beginning to expert coaches with the tools and methodologiesthey need to help clients become more effective leaders within their organizations

building an organizational coaching culture is a comprehensive collection of expert pieces examining the models methods and approaches to establish a sustainable coaching culture in organizations the different perspectives highlight how coaching skills can be used to positively influence workforces in the areas of critical thinking communication creativity and collaboration and how they can have a direct impact on performance and productivity contributors from a range of professional contexts include theoretical grounding and application to practice across topics including talent management implementing coaching programs developing leadership qualities using positive psychology self evaluations and standards and ethics this is a great resource for both students and professionals wanting to engage more with coaching cultures foreword by dr foojan zeine psyd

in the handbook of existential coaching practice monica hanaway presents a complete introduction to existential coaching focusing on how coaches can incorporate key skills in all aspects of their practice practical and theoretical the book explores how existential thought can offer a fresh re orientation of coaching practice that embraces uncertainty working towards a deeper understanding of the client s world and the challenges they face in the twenty first century this comprehensive guide is presented in two parts bringing together theoretical coaching models and hanaway s extensive practical experience in part 1 hanaway begins by clearly exploring what is meant by

existential coaching and places it in the context of contemporary coaching culture illuminating the key philosophical elements of the existential coaching approach and the differences between existential coaching and existential psychotherapy in part 2 hanaway draws from her own experience and presents case studies to demonstrate how coaches can build relationships with clients enabling them to face existential dilemmas in their organisational and social life to become their authentic self she introduces key existential concepts relating to authenticity relatedness freedom responsibility values and beliefs and encourages the reader to explore how these are relevant to the coaching process the book includes case studies questioning and reflective exercises to encourage development of good practice and build the skills necessary all the way through a coaching relationship from contracting to ending this is the first guide of its kind with hanaway playing an instrumental role in the development and growth of existential coaching as well as designing the one of the world s first university accredited ma programmes it will be essential reading for coaches in practice and in training as well as students and academics of applied philosophy and psychology

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