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My Father Was a Freedom Fighter Public Health Approach to Cardiovascular Disease Prevention & Management Ramzy Baroud
Dorairaj Prabhakaran

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this book is a personal account of the daily lives of the people of the frontline of the palestine israel conflict giving us an insight into the deadly seemingly never ending rounds of violence ramzy baroud tells his father s fascinating story driven out of his village to a refugee camp he took up arms and fought the occupation at the same time raising a family and trying to do the best for his children baroud s vivid and honest account reveals the complex human beings revolutionaries great moms and dads lovers and comedians that make gaza so much more than just a disputed territory

cardiovascular diseases cvds are the number one cause of death and disability globally being the most important public health problem that needs to be tackled as more people die annually from cvds than from any other cause over three quarters of cvd deaths take place in low and middle income countries this book on cardiovascular diseases provides an overview of the global and regional challenges associated with cvds coupled with case studies and theoretical concepts it helps the reader to contextualize cvds in the broader public health system and the administrative aspects of practicing cvd control approaches for improved population health in their local setting key features 1 covers existing and emerging issues in cardiovascular disease epidemiology and prevention 2 has a multidisciplinary approach in content and audience 3 connects with health systems and relevant sustainable development goals 4 provides case studies for enabling readers to understand and apply evidence based solutions to key public

health issues 5 has inputs from globally renowned public health experts

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